



Berlin, 6-14.04.2024

Academy of Change Makers: Developing Learning Programs

INFOPACK



1. What is City Bound?

City Bound Europe Network gathers youth organisations from all over Europe connected by the common aim of building integrated European society. To achieve it, we organise City Bound youth exchanges for young people in age 14-17 in different cities significant for European identity. Our work is based on non-formal education methodology with a special focus on adventure-based learning.

Aims of the Network:

- To build confidence in the idea of “United Europe” among young people and help them to understand the concept of Europe based on tolerance, inclusion and understanding and preventing radicalization of young people, by creating an opportunity for building opinions based on personal experience and face to face contact.
- To provide a space for personal growth of young people from all over Europe and support them in the transition from childhood to adulthood by developing their social and civic competences and preparing them to live in intercultural society.
- To rise creativity of participants and support them to discover their full potential by providing innovative non-formal education opportunities especially focused on adventure-based learning methodology.

2. Why to join the Academy of Change Makers?

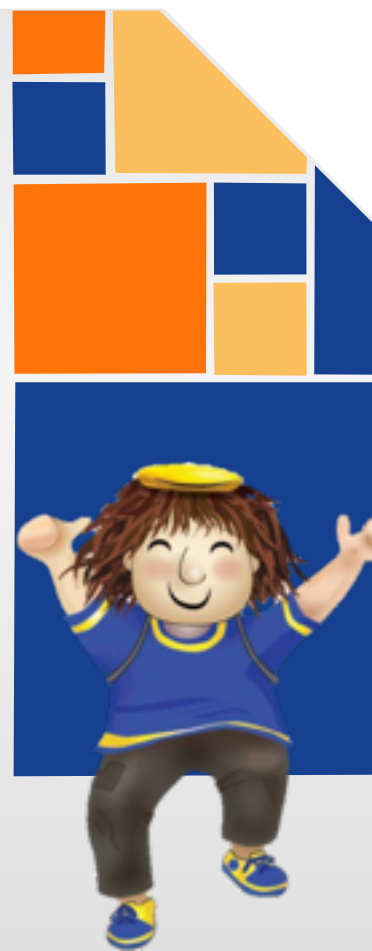
In order to implement high-quality youth exchanges we created a team of youth leaders that are facilitating variety activities and supporting young participants in their City Bound Adventure. The team develops rapidly therefore every year we provide a training for new leaders who wants to join us.

The training is a first step to become a youth leader and it aims to develop competences of young leaders and activists in designing and facilitating learning programs, that are based on the needs of young people and lead to a meaningful change.

3. Who can participate in the event?

This training course is directed to youth leaders, who took part in the first edition of Academy of Change makers or Basic Training Course of City Bound. Youth leaders of previous City Bound exchanges or those who are planning to become national leaders for upcoming City Bound exchanges are also welcomed.

Each country should send 3 youth leaders (18+ years old).



DURATION

6-14.04.2024

VENUE

BERLIN, GERMANY

PARTICIPANTS

3 PERSONS FROM EACH COUNTRY

6.04.24 – ARRIVAL DAY
14.04.24 – DEPARTURE DAY

ADVENTURE CENTER IN
GRUNEWALD
EICHHOERNCHENSTEIG 3
14193 BERLIN

YOUTH LEADERS 18+ WITH A
PREVIOUS EXPERIENCE IN CITY
BOUND



3. Where the Training will take place?

Venue

Project will take place in Abenteuerzentrum im Grunewald, Eichhörnchesteig 3, Berlin. More information about project site can be found here:

<https://abenteuerzentrum.berlin>

Abenteuerzentrum im Grunewald It is a typical youth centre, so conditions are not that good as in the hotel, but enough to spend great time together and have lots of fun! Whole Centre will be only for us, so we can enjoy it all night long! Rooms will be nationally-mixed, and divided according to the gender. Place is very close to the centre of Berlin, it's very easy to get there any time by public transport.

Meals will be provided at the venue - please indicate your diet in the participants form!



HOW TO GET THERE?

From BRANDENBURG airport:

Find the S-bahn station Flughafen BER (city train in Berlin). There take the train S45 (direction S Südkreuz) and go to the last station Südkreuz. In Südkreuz change to the train number S41 (direction Ring) and get to the station Halensee. There you need to walk out of the station (there is only one exit) and cross the street in order to get the bus X10 (direction Teltow Stadt) or M29 (Direction Roseneck). By this bus get to the bus stop Roseneck/Teplitzer Strasse. You are almost there, just follow the map below (12 minutes walking).

From HAUPTBAHNHOF:

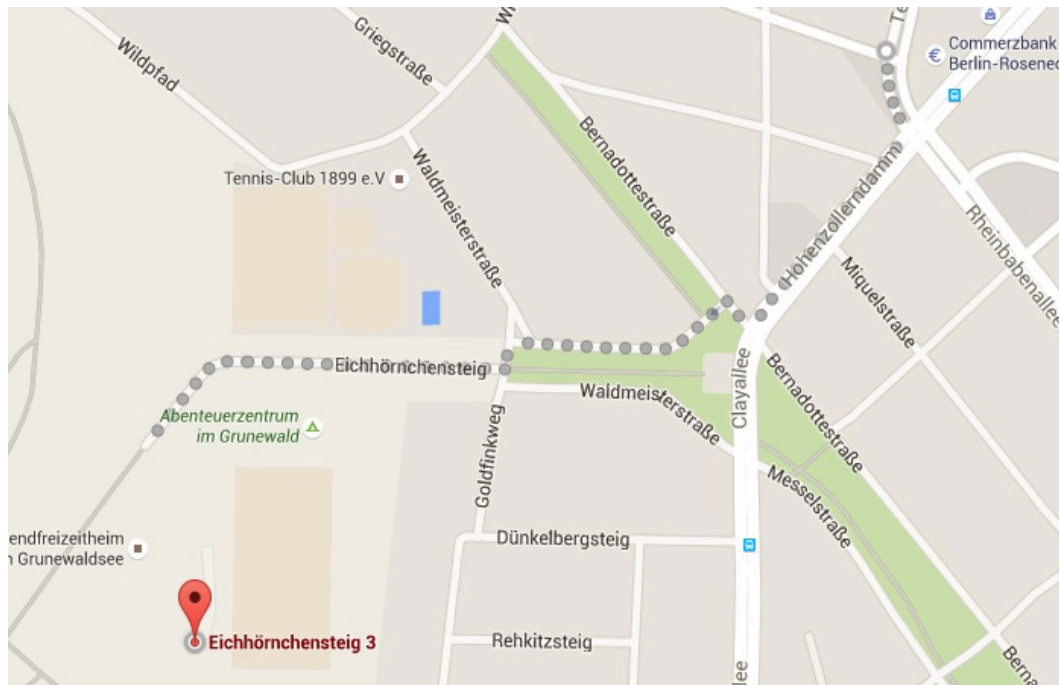
You need to take train S5 or S7 (direction Spandau or Potsdam) to Zoologische Garten and then bus X10 (direction Teltow Stadt). By this bus get to the bus stop Roseneck/Teplitzer Strasse. You are almost there, just follow the map (12 minutes walking).

From ZOB (ZENTRALER OMNIBUSBAHNHOF) – Central Bus Station:

You need to take the bus 104 (Direction Zoologische Garten) to the bus stop Halensee. Then you need to cross the street in order to get the bus X10 (direction Teltow Stadt) or M29 (Direction Roseneck). By this bus get to the bus stop Roseneck/Teplitzer Strasse. You are almost there, just follow the map (12 minutes walking).

TICKET:

If you are traveling from the BER airport you need to buy a ticket for zones ABC (4,4 EUR). If you arrive to main train station or ZOB you need to buy a AB ticket (3,5 EUR). Those ticket are valid for 2h regardless how many changes you have on the way.



4. Travel

Project is financed under the „ERASMUS+ Programme, Key Action 1. 100% of accommodation and activity costs are covered by the programme.

The international travel costs are covered according to the rules of ERASMUS+ Programme. Plan your travel to Germany according to the budget given in the table below.

That means that your travel costs will be fully reimbursed up to the limit, what should be enough to get to Berlin from all participating countries – therefore we expect that everybody will get back 100% of the travel. If you spend less for your travel you will get exactly the amount you spent. If you spend more, you will get the amount from the table.

COUNTRY:	NO. OF PARTICIPANTS	BUDGET PER PERSON
Greece	3	275 EUR
Poland	3	275 EUR
Germany	3	180 EUR
Spain	3	275 EUR
Italy	3	275 EUR
Czech Republic	3	180 EUR
Hungary	3	275 EUR

ONLY THE CHEAPEST MEANS OF TRANSFER CAN BE REIMBURSED. Unfortunately, we are not able to reimburse 1st class flights, taxis or Uber.

NOTE: Reimbursement of travel costs will only be done upon full attendance of the training. It will be transferred to the partner organisation bank account after receiving all the tickets.

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

5. What to bring and prepare?

- Presentation of your country and some traditional snacks or sweets for intercultural evening – the way how the evening will look like is totally up to you, if you would like to share some traditional music or dances it's more than welcome! Unfortunately, there is no cooking possibility, so please bring only things that don't require cooking.
- Slippers
- Comfortable, sport clothes
- Student ID if you have it
- European Insurance Card
- ... and lots of smiles and motivation!

Please, remember to fill in the Participant Questionnaire.

In case of any question or doubts do not hesitate to ask us!

Contact person:

Piotr Warzyszynski: piotr.warzyszynski@fahrten-ferne-abenteuer.de



Please fill in the participants questionnaire by
15th of March 2024:

<https://forms.gle/oUiPf9SjTJCu8BQs7>

SEE YOU IN BERLIN!



DAY 1

ARRIVALS

CHECK-IN AT 15:00

DINNER AT 19:00

DAY 2

INTRODUCTION

TEAM BUILDING

ACTIVITIES

SUMMARY OF 1ST TRAINING

COLLECTING EXPERIENCE

DAY 3

**NON-FORMAL EDUCATION IN
EUROPEAN CONTEXT**

**ADVENTURE-BASED LEARNING
IN URBAN ENVIRONMENT**

**ANALYSING CASES FORM
PREVIOUS EXCHANGES**

RELATION LEADER-PARTICIPANT

DAY 4

**HOW TO CHOOSE AN
APPROPRIATE METHOD**

RECOGNITION OF NFE

**ADOPTING EXISTING LEARNING
TOOLS TO NEW SITUATION**

**WORKING WITH TOOLBOX OF
ACTIVITIES**

BERLIN BY NIGHT

DAY 5

**HOW TO DESIGN A LEARNING
SESSION**

**DESIGNING EDUCATIONAL
TOOLS**

TESTING DESIGNED TOOLS

DAY 6

TESTING DESIGNED TOOLS

**CITY GAME - CITY
CHALLENGES**

**EVALUATION OF THE CITY
GAME**

DAY 7

LOGISTICS OF CB

**FACILITATION IN DIVERSE
ENVIRONMENT**

**CONFLICT MANAGEMENT
AND PREVENTION**

**INDIVIDUAL COACHING
SESSIONS**

DAY 8

**WHAT KIND OF YOUTH
WORKER WOULD I LIKE TO BE?**

SWOT ANALYSIS OF MYSELF

EVALUATION

YOUTHPASS CEREMONY

DAY 9

DEPARTURES BY 10:00